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Part 1. The Gruenfeld Defence

1.d4 ♘f6 2.c4 g6 3.♗c3 d5 4.cd ♘xd5 5.e4 ♘xc3 6.bc ♗g7 7.♗f3

| | | |
|---|--|----|
| 1 | 7...0-0 | 10 |
| 2 | 7...c5 8.♗e3 ♘c6; 8...0-0; 8...♗g4. | 20 |
| 3 | 7...c5 8.♗e3 ♗a5 9.♗d2 w/o 9...0-0 | 35 |
| 4 | 7...c5 8.♗e3 ♗a5 9.♗d2 0-0 | 53 |

Part 2. The King's Indian Defence

1.d4 ♘f6 2.c4 g6 3.♗c3 ♗g7 4.e4

| | | |
|----|--|-----|
| 5 | 4...0-0 | 76 |
| 6 | 4...d6 5.♗e2 ♘c6; 5...c5; 5...e5 | 80 |
| 7 | 4...d6 5.♗e2 0-0 6.♗g5 ♘c6; 6...c6 | 87 |
| 8 | 4...d6 5.♗e2 0-0 6.♗g5 ♘bd7 | 94 |
| 9 | 4...d6 5.♗e2 0-0 6.♗g5 ♘a6 | 104 |
| 10 | 4...d6 5.♗e2 0-0 6.♗g5 h6 | 113 |
| 11 | 4...d6 5.♗e2 0-0 6.♗g5 c5 | 135 |

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1.d4 g6 2.c4

| | | |
|----|--|-----|
| 12 | 2...d6; 2...♗g7 3.e4 w/o 3...d6 | 160 |
| 13 | 2...♗g7 3.e4 d6 4.♗c3 e5; 4...♗c6; 4...♗d7 | 179 |

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| | | |
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| 14 | 4...a6 | 200 |
| 15 | 4...♗g7 | 206 |
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1.d4 d6 2.e4 ♘f6 3.♗c3

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